

Hey, Girls!



Do you want some of your writing to appear on the Girls On The Run, Chicago website(www.gotrchicago.org)? If so, don't miss out on this opportunity! They're looking to have some of your thoughts shared in the GIRLZONE section. Write a short, thoughtful paragraph about one or both of these topics... (Be sure to use complete sentences, great spelling, & proper punctuation.) *If you need more space use the back or a separate sheet of paper.*

*What I have learned about myself at Girls on the Run ...*

*I have learned how to be a good teammate, and work with others, I have enjoyed the experience, and have made some new friends. I think the friends that I have made, will stay my friends forever. I have also learned about health and fitness. I think I have become a good runner over time, and have progressed with in physical health. I have learned to stay confident, love myself and (my) to be pleased with myself. Girls on the Run has really been a wonderful experience. !!*

*What inspires me...*

*Teammates really inspired me, and encouraged me to start G.O.T.R. My coaches really inspire me to believe in myself, and encourage myself to be myself, (and no one else.) All of the girls in my community, and in my world really inspires me, because girls are just so fun to be around, and hang out with. Go G.O.T.R.*

*Thanks, ☺*

Name Erica

Age 10

\*When you're done, return this to your coach. Thanks! ☺