

Tell Us About Your Girls on the Run Experience!

Write a short paragraph or two about one of the following topics:

What I have learned about myself at Girls on the Run:

I have learned to feel
good about my self and not
caring about what other people
think of me, just like yours
elf for who you are.

What I am inspired by:

I am inspired about
learning to make promises
and running a 5K RACE !!!